Proposed Time table for 1st MBBS (1st Phase) Johat Medical College

Allotted Classes Per/Week:-Lecture (Anatomy- 5, Physiology-4, Bio-Chemistry-2, Community Medicine 1/2 week)

Sports:-60Hours/Year

SGT/ Tutorial/Integrated Learning/ Practical:- Anatomy- 10hours/ Week, Biochemistry- 4hours/ Week

Physiology- 7hours/ Week, SPM – 1hour/ 2weeks

SDL:- Anatomy- 1hour/ Week, Biochemistry- 1hour/ 2Week
Physiology- 1hour/ 2Week, SPM – 1hour/ 2months

Days	8 AM-9AM	9 AM-10AM	10AM-11AM	11AM- 12Noon	12Noon- 1PM	1PM-2PM	2PM-3PM	3PM-4PM
Monday	Anatomy (Lecture)	Physiology (Lecture)	Dissection (Practical)		L	SDL (Anatomy)	SGT/PRAC/TUTORIAL/IL (A,B,C)	
Tuesday	Physiology (Lecture)	Anatomy (Lecture)	Bio-Chemistry (Lecture)	AETCOM		(AETCOM) SDL	-	TUTORIAL/IL 3,C)
Wednesday	Bio-Chemistry (Lecture)	Physiology (Tutorial/ SGT)	Dissection (Practical)		U	Anatomy (Lecture)	SGT/PRAC/TUTORIAL/IL (A,B,C)	
Thursday	Physiology (Lecture)	Anatomy (Lecture)	SGT Anatomy	SDL Physiology (I & III week) /Bio- Chemistry (II & IV week)	N C	ALT Bio-Chemistry (I & III week) Physiology (II & IV week)	SGT/PRAC/TUTORIAL/IL (A,B,C)	
Friday	Anatomy (Lecture)	Physiology (Lecture)	Dissection (Practical)		H	Bio-Chemistry SGT	SGT/PRAC/TUTORIAL/IL (A,B,C)	
Saturday	SPM (Theory/ Practical)	(Anatomy	ECE (Anatomy/Physiology/Bio-Chemistry) & Assessment				SGT/PRAC/TUTORIAL/IL SPORTS (A,B,C)	

Assessment – During Semester- 50 plus hours.

30 hours as per time-table.