

GOVT. OF ASSAM
OFFICE OF THE PRINCIPAL CUM CHIEF SUPERINTENDENT,
JORHAT MEDICAL COLLEGE & HOSPITAL, JORHAT, ASSAM
(UNDER SOCIETY FOR MEDICAL EDUCATION, JORHAT)

No. SMEJ/JMCH/381/Pt-II (D)/2016

Date :- 11/04/2018

CIRCULAR

This is for general information that a free health Checkup of all **Gr.-III and Gr.- IV** employees of JMCH, Jorhat is hereby arranged as per schedule below in Medicine OPD regularly from 12.04.2018 to 21.04.2018.

12.04.2018	OT staff of MCH building
13.04.2018	All ICU staff
17.04.2018	OT staff of Hospital Section
18.04.2018	All staff of Hospital Section
19.04.2018	All staff of Hospital Section
20.04.2018	All staff of College Section
21.04.2018	All staff of College Section

All concerned are therefore directed to get their health checkup accordingly.

N
for Principal cum Chief Superintendent,
Jorhat Medical College & Hospital, Jorhat

Memo No. SMEJ/JMCH/381/Pt-II (D)/2016/5010 (A)
Copy to:

Date :- 11/04/2018

1. The Superintendent, JMCH, Jorhat, for information.
2. The Prof. & HOD, Department of _____ JMCH, Jorhat for information.
3. The Additional Superintendent, JMCH, Jorhat for information and necessary action.
4. The President/Vice President/Secretary, JMCHEA, Jorhat for information and necessary action.
5. Notice Board/ Hospital Section/College Section/MCH building.
6. Office Copy.

[Signature]
for Principal cum Chief Superintendent,
Jorhat Medical College & Hospital, Jorhat

PROFORMA FOR ANNUAL HEALTH CHECKUP

Name

Age

Sex

A. Examinations

1	General Physical Examination (i) Height (ii) Weight (iii) Chest Expansion (iv) B/H/I (v) Brief Clinical History, if any	
2	Systemic Examination (i) Respiratory system (ii) CVS (iii) Abdomen (iv) CNS (v) Locomotor system (vi) Dental Examination	
3	Eye Examination (i) Distant vision (ii) Vision with glasses (iii) Colour vision (iv) Tonometry (v) Fundus examination	
4	ENT (i) Hearing (ii) Oral cavity (iii) Nose (iv) Throat (v) Larynx	
5	For Men (i) Urological Examination (ii) Rectal Examination	
6	Gynecological Health Check-up (i) Pelvic Examination (a) Local Examination (b) Per vaginum (P/V) (c) Pap Smear (ii) Breast Examination	

B. Investigations

1	Routine Examination of Blood (i) Haemoglobin (ii) TLC (iii) DLC (a) Polymorphs (b) Lymphocyt (c) Eosinophils (d) Basophils (e) Monocytes (iv) Peripheral Smear	
2	Routine Urine Examination (i) Colour (ii) Albumin (iii) Sugar (iv) Microscopic Examination	
3	Blood sugar (i) Fasting (ii) Post – Prandial	
4	Lipid Profile (i) Total cholesterol (ii) HDL cholesterol (iii) LDL cholesterol (iv) VLDL cholesterol (v) Triglycerides	
5	Liver Function Test (i) S. Bilirubin (Total) (ii) S. Bilirubin (Direct) (iii) S. G. O. T. (iv) S. G. P. T.	
6	Kidny Function Test (i) Blood Urea (ii) S. Creatinine (iii) S. Uric Acid	
7	Cardiac Profile (i) ECG	

Summary of Medical Report

1	Overall health of the officer		
2	Any other remarks based on the health medical check up of the officer	Sar	
3	Any follow up action required		

Date:

Signature & Designation of Medical Officer

(Faint, mostly illegible text from the reverse side of the page is visible through the paper. It appears to be a detailed medical examination form with sections for various body systems.)