

FOUNDATION COURSE

1ST WEEK ORIENTATION PROGRAMME. REQUIRED TIME : 30 HOURS

DAY / DATE	09:00 AM – 10:00 AM	10:00 AM – 11:00 AM	11:00 AM – 12:00 NOON	12:00 NOON – 01:00 PM	01:00 PM – 02:00 PM	02:00 PM – 03:00 PM	03:00 PM – 04:00 PM
Day 1 19 th August 2019	WELCOME OF BATCH, JMC, OATH TAKING			LUNCH	Visit to the Pre-clinical departments (Anatomy / Physiology / Biochemistry)		
20 th August 2019	HOLIDAY				HOLIDAY		
Day 2 21 st August 2019	MBBS programme and Academic Ambience Dr Purnima Barua	Medical Profession & the physicians role in the society Dr. Atul Chandra Baro Principal cum Chief Superintendent, JMCH	Health care delivery System and Alt. Health System National health policies and priorities Dept of Community Medicine		Promotive & preventive health care/ occupational health hazards Dept of Community Medicine	Hospital visit: All wards, OPD, Blood bank, Incinerator, PMRT, MRD, MCH.	
Day 3 22 nd August 2019	Time management & Stress Management Dr Trishna Dutta Dr Pallab Bhattacharya	Our profession: Challenges and experiences Dr Manab N. Baruah	Patient safety & biohazard safety & Universal Precaution: Dr Uttara Borkotoky	History of Medicine (Dr. Naruttam Sonowal)	Disability Rights and Society ORTHOPAEDICS	Professionalism: Dr Angshurekha	
Day 4 23 rd August 2019	(08:00 AM – 12:00 NOON) Day long community field trip URBAN / RURAL :: Dept of Community Medicine			LUNCH	(01:00 PM – 05:00 PM) URBAN / RURAL :: Dept of Community Medicine		
24 th August 2019	HOLIDAY				HOLIDAY		
25 th August 2019	HOLIDAY				HOLIDAY		
Day 5 26 th August 2019	Medical Ethics Dr Anupi Das	Mentoring And Interaction with Seniors Dr Purnima Barua	Healthy way of Life of a Health Professional Dr. Saurabh Borkotoky	AETCOM: Introduction and principles. Dr Rupanjita Sangma	Sports	Extracurricular activity	
Day 6 27 th August 2019	YOGA / NCC / MEDITATION Groups A/B/C	(Surgery / Orthopaedics / Anaesthesiology) First Aid & Basic Life Support Groups A/B/C		Communication Skill Lecture MED Dr Purnima Barua	Local language / English / Computer Skills		

2nd WEEK ORIENTATION PROGRAMME

DAY / DATE	08:00 AM – 09:00 AM	09:00 AM – 10:00 AM	10:00 AM – 12:00 NOON	12:00 NOON – 01:00 PM	01:00 PM – 02:00 PM	02:00 PM – 04:00 PM
Day 7 28 th August 2019	YOGA / NCC / MEDITATION Groups A/B/C	(Surgery / Orthopaedics / Anaesthesiology) First Aid & basic Life Support Groups A/B/C		LUNCH	Introduction to Bio Medical research & ethics DR. B.R.DAS	Local language/ English/ Computer Skills
Day 8 29 th August 2019	YOGA/ NCC/ MEDITATION Groups A/B/C	(Surgery/ Orthopaedics/ Anaesthesiology) First Aid & basic Life Support Groups A/B/C			Self Directed Learning Dr Pranabika Mahanta	Reflections and Narrative writing MED Dr Purnima Barua
Day 9 30 th August 2019	Using Social Media for health awareness (Dr. Anju Barhoi Teli	Disaster Management And Mock Drill Dr Nilutpal Bhattacharjee , Dr Manab Jyoti Gohain			Mock drill (continued) including reflection by students.	Local language / English / Computer Skills
Day 10 31 st August 2019	FRESHERS SOCIAL				FRESHERS SOCIAL	